

Welcome to UVAC

SPLASH CAMP



Dear Splash Camp Families,

Welcome to Summer Camps 2020!

Please Note: This is an updated version in accordance with Vermont Department of Health's revised protocols (July 13, 2020)

We are excited to be opening our summer camps this year! We've thought through lots of details to help make camp as safe as possible. We'd love for you to discuss these details with your children before their first day. This will help them to know what to expect, as we need to enlist every family's cooperation in this plan, for a healthy and happy summer!

Of first note: Please bring your child to camp in their swimsuit (under their clothing) but don't forget to pack their underwear!

Parents please be prepared to wear a cloth face mask at check-in and pick-up times.

When you arrive we have created separate entrances for each program UVAC offers. Our Splash Camp entrance is behind the first part of our building as you drive up. To get there, please park in the first lot you come to, then walk to our entrance by following the Orange Splash Camp Signs that will lead you behind BeFit Physical Therapy to the Splash Camp Tents. Our entrance ends up near the warm water pool and the family locker room. [See our little video here!](#)

When you reach the first white tent, counselors will be there to check you in: they will ask some health questions and take each child's temperature in

accordance with our state's directives. We will be using a non-touch thermometer that takes about two seconds. (Temperature takers will be wearing gloves, a mask, and a face shield. Please, please, please discuss these procedures with your children beforehand so they won't be overwhelmed.) [Vermont Health Guidance for Summer Programs](#) (revised 7/13/2020)

Health Screening:

All children and staff must have a Daily Health Check at the first point of contact, as described below.

Conduct a Daily Health Check for the child(ren) attending childcare and school age camps/care programs and your staff upon arrival each day...

1. Have they/you been in close contact with a person who has COVID-19?
 2. Do they/you feel unwell with any symptoms consistent with COVID-19?
For example, have they/you had a cough, temperature, shortness of breath, difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, or new loss of taste or smell?
- Conduct temperature screening, using the protocol provided below.
 - Make a visual inspection of the child for signs of infection, which could include flushed cheeks, fatigue, extreme fussiness, etc.

About Masks: We are asking the children to wear a cloth mask while inside (except for swim times) and when outside if they can't social distance. All staff will be wearing face masks. When outdoors, counselors may remove their masks if they can be socially distanced as well. So there may be times that we allow them a breath of fresh air! In accordance with our state's directives parents are required to wear them too at morning drop off and afternoon pick up.

On the first day, if parents would like to come into the building to assist your child that would be fine, masks are required and expect to be temperature tested as well. If this step isn't necessary for your child, then it would be so

helpful to say your goodbyes at the door and let them move on to their camp room with one of the counselors.

We have divided our camp into 3 different rooms: the Upper Lobby “**Sky Camp!**” (some will remember that’s where Splash Camp started! KidZone “**Sun Sun Summertime Camp!**” and our now familiar Splash Camp Room “**Camp H2O!**”

Splash Campers will have exclusive use of our family changing room... and everyone’s first stop will be to WASH THEIR HANDS!!! Happy Birthday to You x 2 !!!(Please share if you have a new song!) Sue and the counselors will be on hand to help campers with this process and to get them to their assigned room.

We’ve organized camper groups around aftercare, and swim lesson levels! (Merely a small challenge!)

Each group of 12 children 2 counselors will go through their daily activities as a team. There are 3 outdoor tents / 3 separate schedules / and lots of hand washing throughout the day!

We’ve created a sanitizing system for craft materials and toys: We will have a “Clean - good to go box” and a “Used - need to be sanitized box”. A personal set of crayons is available for any child wanting to work with them!

NOTE: We are not providing any “sharing goggles” this year, if needed there will be an opportunity to purchase a pair (more on that later). We are also not providing any flotation devices (Lifeguard approved “Floaties” or Life Jackets). Some children will feel more comfortable with one on, even in our warm water pool for free swim... Children in Levels 1,2 or 3 must have their own labeled coast guard approved floatation device in order to use the competition pool for afternoon free swim*. Having said that, we are usually just swimming the older swimmers in the comp pool and those in need of a floaty in the warm water pool.

Daily Sample Schedule
Each group will be slightly different

- 8:00 **Morning Drop off:** Follow the Orange Splash Camp Signs **Parents please wear a mask when you check your child in.**
- 8:00 Welcome games: On Monday's please have your child bring an item from home that will tell a bit of their story for show* and tell. We'd like to get to know each other better! (Items will not be passed around)
- 8:45 Swim Lessons and Free Swim for Sun Camp
- 9:30 Swim lessons and Free Swim for Camp H2O
- 10:15 Swim lessons and Free Swim for Sky Camp
- Change into dry clothes -
Snack (Bring a snack from home or open a pre-paid snack account
Craft time and outdoor camp games
- 11:45 Clean-up
- Noon Pick up for half day campers - Parents please check your child out with the counselor. Unless it's raining we'll be outside.**
- 12:15 **Lunch****
- 12:45 Afternoon activities include Field Games or Minute to Win Games, Hike on Wednesday!
- 1:15 Free Swim for Sun Camp
- 2:00 Free Swim for Camp H2O
- 2:45 Free Swim for Sky Camp
- Change into dry clothes -
Snack (Bring a snack from home or open a pre-paid snack account
- 3:15 Choice time / optional handwork project
- 4:00 Pick Up - Parents please check your child out at their tent. Sky camp tent parents may drive to the back parking lot for easier access**
- 5:00 Aftercare Pick Up (must pre-register) inner courtyard tents.**

Lunch and Snack Accounts

Google Form for Purchases: We will be sending you a link to a google form specific to each camp week. If you would like to add lunch or snack money to your child's account, this will be the only way to do it! **Please Note: No cash can be taken at check-in. These forms must be in prior to the start of camp!!!**

Available Through the Form:

Lunches \$6 ea / Snack Account / TYR Youth Goggles (our \$15 model)

Menu:

M/W/F: Ham, Turkey or PBJ Sandwich / Juice / Fruit and Snack catered by Quechee Jakes

T/Th: Pizza by Cantores / Juice / Fruit and Snack from Poolside Cafe

Lunch and Snacks will be delivered to each camp room or tent.

Specific Choices may be decided upon that morning... Please note, the only choice on T/Th is pizza.

Snacks:

Poolside Café will have a variety of snacks, juice boxes and small Gatorades available for \$1/each, Chobani Yogurt and Chobani Yogurt Flips are sold for \$2... Ice cream treats (only sold Friday afternoons) cost \$1 - \$2. Snacks will be posted to your child's account on Friday and charged to your card on file. A daily update of your child's spending can be seen at morning check-in. A picture menu will be used for children with accounts to make selections. (During morning play for mid morning snack, and after lunch for afternoon snacks)

Please be aware that we are **not** a nut free program, however we encourage folks to plan on snacks and lunches without nuts to ensure that children with food allergies have limited exposure. If your child does have a food allergy please make sure that you include that on your registration form so we can make our counselors aware of any special care needed.

What to Bring to Splash Camp
Please **label** as much as possible
and
Please **no glass containers!**

- + Come to camp wearing a swimsuit (under clothes)
- + Pack your underwear!
- + A backpack to carry all items.
- + Pool shoes or flip flops
- + Play clothes
- + **Water Bottle**
- + Appropriate Swimsuit (please no bikinis)
- + **2 TOWELS!!!** (One will hang to dry between swim times, the other for sitting on)
- + **Goggles**
- + **Snacks** or open a pre-paid tab at Poolside Café (Two snack times for full day campers - frozen treats available for \$1-\$2 **on Friday afternoon!**)
- + **Lunch** for full-day campers who are not planning on purchasing their lunch
- + Extra hairbands suggested for children with long hair
- + Appropriate outdoor clothing: some days are HOT! Other days could be rainy...
- + **Sneakers or sturdy shoes for our hike on Wednesday!!!**
- + **SUN SCREEN**
- + **Bug Repellent**
- + **Hand Lotion... we'll be washing our hands a lot!**

***** We will do a tick check at afternoon swim - but only in bathing suits, a tick check at home these days is strongly recommended.**

Please no electronic devices or valuables.

Other than a show and tell item, we discourage toys from home as they often lead to misunderstandings and hurt feelings, plus sharing can only happen with washable items

May we stress that each child should bring a refillable water bottle and a pair of his or her own goggles!!! Thank you!

Important Information and Policies

General Camp Information

- Splash camp is intended for children 6-10 years.
- We have 3 Camp Rooms and 3 camp Tents, children will participate in camp within their small group
- Everyone who comes to UVAC is temperature tested.
- We will all wash hands frequently!!!
- We are **not** a nut-free facility or program.
- Any medication that your child needs must be presented to Sue Belisle at morning check-in. Children must be able to administer medications themselves. Please review with Sue any instructions. In most cases medication will be kept in Karen's office until lunch or specified time. Please also let us know if your child needs assistance and/or reminding to take medication.

Drop-Off and Pick-Up

- Children should be dropped off between 7:50am and 8:30am. Each child must be checked in by a parent or guardian.
- Half day campers should be picked up by 12 noon. Full day campers must be picked up by 4:00pm. Pre-registered Aftercare children must be picked up by 5pm. Each child must be checked out by an authorized parent or guardian.
- Any authorized pick-up parent or guardian must be prepared to show a valid ID at any time.
- A child will not be released to anyone without written consent from a parent or guardian. If someone tries to pick up your child without written consent, you will be contacted immediately.

Late Pick-up Fees

- Please understand that during this season of social distancing we want to keep our camp groups distinct and therefore we can only accept pre-registered children into aftercare (until 5pm)

Illness

- If your child is sick and contagious, please do not send him/her to camp.
- Children with a fever over 100 will be sent home and must remain home until they have been fever-free for 72 hours with no medication.
- Any child who is experiencing vomiting, severe nausea, diarrhea, and/or other similar symptoms, will be sent home and must remain home until symptoms have not returned in 12 hours with no medication.
- No refunds will be given for days missed due to illness. If a child misses more than 50% of the camp week, the option of coming to a different week is possible if there is available space. This is not guaranteed.

Lost/Misplaced Items

- The Upper Upper Valley Aquatic Center is not responsible for any lost, misplaced and/or broken items. It is strongly recommended that all valuable items are left home. Please do not bring any electronic items such as handheld gaming devices, cellphones, i-pods, etc.
- Please check our Splash Camp lost and found daily! After Friday remaining items go into our general lost and found.

Behavior Policy

In order to provide the highest level of safety and as much fun as possible for each individual camper, we expect children to be respectful to the counselors and to each other. We would ask you to instruct your child to communicate with the counselors challenges or concerns they are having with another camper. We like to work with the children in real time to help problem-solve conflicts. If there are difficult issues we cant remedy we will call the parent or guardian to be included in a plan for remedy.

If jointly, we really can't solve the problems and the behavior continues to be problematic, the camper will be removed for the remainder of the session and subsequent sessions he/she is signed up for. The parent/guardian will be called to pick up the child immediately. No refund will be given for the current session the child is enrolled in.

Swim Lesson Placement

In the morning children will participate in a swim lesson based on his/her abilities. If we are not sure of their placement, we will offer an assessment on Monday morning just prior to lessons. This test benefits the child so he/she does not struggle during a lesson nor is placed in a class that is not challenging enough. If you have any concerns about your child's placement please contact Karen Cox at 802-296-2850 ext 106 or kcox@uvacswim.org.

Contact Information

If you need to speak to someone during camp hours, please take the following steps:

- **Contact our Welcome Desk at 802-296-2850 to explain the situation. One of our Welcome Desk staff will take the message to the appropriate staff member. (Please know I am not often by my phone...so a message at the Welcome Desk would get to me sooner than a message on my phone)**
- For inquires/questions/etc contact Karen Cox at 802-296-2850 ext 106 or email kcox@uvacswim.org. Or Kana Wyman kwyman@uvacswim.org