

# Welcome to UVAC SPLASH CAMP



Dear Splash Camp Families,

Welcome to our 2018/19 Vacation Camps!

Each week we create an exciting theme and then build special craft projects and activities around that theme! Hats off to Ruth Dixon-Vestal, one of our wonderful volunteers who takes these crazy ideas of mine and makes them magical!

Camp will include morning swim lessons plus free swim, as well as lots of afternoon free swim. We will hang-up and dry full day camper's towels and suits. Labeling your child's gear is very helpful!

Please read about our daily schedule, policies and what to bring to ensure your child is ready for each exciting day. If the weather is conducive, we'd like to plan a hike in the woods. So outdoor clothing should be included. Even if we only take a quick walk, a little bit of brisk fresh air can add some renewed energy for our afternoons!

Poolside Café does offer snacks for sale at both our morning and afternoon snack times. Kathy, the propitiator of the Café, also prepares any prepaid lunches or lunches ordered with "Snack Account Money" (keep reading) The easiest way to allow your child to make purchases at the Café is to **open an account on Monday morning at registration**. Cash is helpful, though there is an ATM in the lobby, or you can leave a check made out to Poolside Café. We will create an account for your child with visual snack dollars to spend. Each day the children can see how much they are spending. **Please identify if some money is also to be used for lunches, or if you'd like to indicate restrictions on your child's spending.**

My staff and I thank you for the privilege of working with your children. We are looking forward to each exciting week.

Let's go Swimming!

~ Karen Cox

*UVAC Swim School Director*

# Daily Schedule

- 8:00 **Drop off** Warm Water Pool Party Room - **Parents please sign your child in.**
- 8:00 Welcome games
- 8:45 Change for swimming
- 9:00 Swim lessons and Free Swim
- 10:15 Change into dry clothes
- 10:30 **Snack** (Bring a snack from home or open a pre-paid snack account at registration\*)
- 10:45 Daily Camp Challenge Game followed by craft time \*Fire Department Visit on Fridays!
- 11:45 Clean-up
- Noon Pick up for half day campers - Parents please sign your child out** at the Warm Water Pool Party Room which is near the Yellow Slide.
- 12:15 **Lunch\*\***
- 12:45 Afternoon activities include Minute to Win Games, a hike or a jaunt outside, and free choice or optional hand work crafts such as weaving!
- 1:30 Change for afternoon swimming
- 2:45 Change into dry clothes
- 3:00 **Snack** (Bring a snack from home or open a pre-paid snack account at registration\*)
- 3:15 Choice time / optional handwork project
- 4:00 Pick Up - Warm Water Pool Party Room - near the yellow slide. Parents please sign your child out**
- 5:00 Aftercare Pick Up (must pre-register)**

\* **Pre-paid Tab:** Rather than sending money with your child we would prefer you to open a pre-paid snack account at morning registration (\*cash advisable, though there is an ATM in the Lobby, or you may leave a check payable to Poolside Café).

\* Poolside Café will have a variety of healthy snacks, juice boxes and small Gatorades available for \$1/each. Kathy also has jumbo muffins for \$2 and an 8oz smoothie for \$3. We recommend opening a prepaid account with us on Monday morning if you would like to give your child the opportunity to purchase snacks throughout the week. Frozen treats available for purchase in the afternoons. Please go over your spending expectations/limits with your children if you set up a snack account for them

\*\* **Lunch:** Full day campers will have lunch around 12:15.

- Pool Side Café is offering a delicious lunch option for \$6 - - Ham or Turkey Sandwich **any day**, plus Grill Cheese on Monday; Pizza on Tues/Thurs. Lunch comes with fruit/veggie, choice of snack: granola bar/crackers/pretzels and a juice box. **Lunch purchases can also be made through a Café account please communicate clearly with the counselors and Kathy of your request.**
- Note: Some campers have already registered for a pre-paid lunch.

Please be aware that we are **not** a nut free program, however we encourage folks to plan on snacks and lunches without nuts to ensure that children with food allergies have limited exposure. If your child does have a food allergy please make sure that you include that on your registration form so we can make our counselors aware of any special care needed.

What to Bring to Splash Camp  
Please **label** as much as possible  
and

Please no glass containers!

- A backpack to carry all items.
- Pool shoes or flip flops
- Play clothes
- Water Bottle
- Appropriate Swimsuit (please no bikinis)
- Towel (We will create a drying area for towels and bathing suits after morning swim)
- Goggles
- Snacks or open a pre-paid tab at Poolside Café (Two snack times for full day campers - frozen treats available for \$1-\$2 **in the afternoon!**)
- Lunch** for full-day campers who are not planning on purchasing their lunch
- Extra hairbands suggested for children with long hair
- Appropriate outdoor clothing: coat/hat/mittens/pants**
- AND Boots!!!**

Please no electronic devices or valuables.

Trading cards and personal toys often lead to misunderstandings and hurt feelings, we have a great variety of toys for all the children to play with so we ask that you don't send in toys from home.

May we stress that each child should bring a refillable water bottle and a pair of his or her own goggles!!! Thank you!

# Important Information and Policies

## General Camp Information

- Splash camp is intended for children 6-10 years.
- We have 4 main counselors this week, and a lovely Dartmouth volunteer from Burundi
- We keep personal belongings in the Splash Camp room, but will use the child sides of the locker rooms for changing.
- We are **not** a nut-free facility or program.
- Any medication that your child needs must be presented to the counselors at the time of drop off. Children must be able to administer medications themselves. Please review with the counselors so they understand the medication in case your child needs assistance and/or reminding to take medication.

## Drop-Off and Pick-Up

- Children should be dropped off between 8:00am and 8:30am. Each child must be signed in by a parent or guardian.
- Half day campers should be picked up by 12 noon. Full day campers must be picked up by 4:00pm. Each child must be signed out by an authorized parent or guardian.
- Any authorized pick-up parent or guardian must be prepared to show a valid ID at any time.
- A child will not be released to anyone without written consent from a parent or guardian. If someone tries to pick up your child without written consent, you will be contacted immediately.

## Late Pick-up Fees

- Rather than making it awkward and charging folks for being late, would you consider our aftercare program if you know you can't pick your child up by 4pm.
- After Care until **5pm must be pre-paid** at the welcome desk, and any change of plans communicated at morning registration. Please be on time for After Care pick up.

## Illness

- If your child is sick and contagious, please do not send him/her to camp.
- Children with a fever over 100 will be sent home and must remain home until they have been fever-free for 12 hours with no medication.
- Any child who is experiencing vomiting, severe nausea, diarrhea, and/or other similar symptoms, will be sent home and must remain home until symptoms have not returned in 12 hours with no medication.
- No refunds will be given for days missed due to illness. If a child misses more than 50% of the camp week, the option of coming to a different week is possible if there is available space. This is not guaranteed.

## Lost/Misplaced Items

- The Upper Upper Valley Aquatic Center is not responsible for any lost, misplaced and/or broken items. It is strongly recommended that all valuable items are left home. Please do not bring any electronic items such as handheld gaming devices, cellphones, i-pods, etc.
- Please check our Splash Camp lost and found daily! After Friday remaining items go into our general lost and found.

## Behavior Policy

In order to provide the highest level of safety and as much fun as possible for each individual camper, we expect children to be respectful to the counselors and to each other. We would ask you to instruct your child to communicate with the counselors challenges or concerns they are having with another camper. We like to work with the children in real time to help problem solve conflicts. If there are difficult issues we cant remedy we will call the parent or guardian to be included in a plan for remedy.

If jointly, we really cant solve the problems and the behavior continues to be problematic, the camper will be removed for the remainder of the session and subsequent sessions he/she is signed up for. The parent/guardian will be called to pick up the child immediately. No refund will be given for the current session the child is enrolled in.

## Swim Lesson Placement

In the morning children will participate in a swim lesson based on his/her abilities. We will have a swim placement test on Monday morning for any child unsure of his/her placement. This test benefits the child so he/she does not struggle during a lesson nor is placed in a class that is not challenging enough. If you have any concerns about your child's placement please contact Karen Cox at 802-296-2850 ext 106 or [kcox@uvacswim.org](mailto:kcox@uvacswim.org).

## Contact Information

If you need to speak to someone during camp hours, please take the following steps:

- Contact our Welcome Desk at 802-296-2850 to explain the situation. One of our Welcome Desk staff will take the message to the appropriate staff member and someone will return your call. **(Please know I am not often by my phone...so a message at the Welcome Desk would get to me sooner than a message on my phone)**
- For inquires/questions/etc contact Karen Cox at 802-296-2850 ext 106 or email [kcox@uvacswim.org](mailto:kcox@uvacswim.org).