



[www.uvacswim.org](http://www.uvacswim.org)

**Hours**  
Mon-Fri 5:00am-9:00pm  
Sat 6:30am- 8:00pm  
Sun 8:00am- 6:00pm  
**802.296.2850**

The Upper Valley Aquatic Center's Corporate Membership Program is designed to create a partnership with local businesses to promote employee health and wellness. A corporate membership increases access to the UVAC facility and its wide array of health and wellness programs.

**Encouraging employees to seek a healthy lifestyle is one of the smartest decisions an employer can make, a corporate membership leads to:**

- Decreased medical absences
- Decreased disability claims/lower medical costs
- Increased productivity and happier employees
- Increased employee loyalty and retention
- Enhanced corporate image
- A solid recruiting tool

**Investing in your employees' health is a wise move. Benefits include:**

- Discounted Memberships for individuals and their families
- Discounted Day Passes for individuals and their families
- Increased understanding and awareness of safe and effective exercise and activity
- Increased vitality and productivity
- Reduced stress and depression
- Improved mental function
- Longevity

**Why the Upper Valley Aquatic Center?**

At the Upper Valley Aquatic Center employees receive a membership to the area's premier aquatics and fitness facility at discounted rates. Employees and their families may use the Center to reach their fitness goals. With so much to do, including child and adult swimming lessons, spin classes, water aerobics, Zumba, Pilates, Master's swimming, a one-of-a kind indoor splash park and some of the best personal trainers, your employees will be motivated to stay involved.

**Employees of companies with a Corporate Membership pay no enrollment fees, no processing fees and receive a discount on their UVAC Membership Fees and Day Passes. Current membership fees are:**



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<u>Membership type</u>	<u>Enrollment</u>	<u>Monthly Dues</u>	<u>Monthly EFT Dues (12 Month)</u>	<u>Annual Prepay</u>
<b>Young Adult (16-24)</b>	<b>\$0</b>	<b>\$48</b>	<b>\$46</b>	<b>\$380</b>
<b>Senior (65+)</b>	<b>\$0</b>	<b>\$61</b>	<b>\$57</b>	<b>\$466</b>
<b>Adult</b>	<b>\$0</b>	<b>\$75</b>	<b>\$69</b>	<b>\$597</b>
<b>1 Parent w/1-3 children</b>	<b>\$0</b>	<b>\$110</b>	<b>\$97</b>	<b>\$829</b>
<b>2 Parents w/1-3 children</b>	<b>\$0</b>	<b>\$136</b>	<b>\$120</b>	<b>\$1028</b>
<b>Additional Child</b>	<b>\$0</b>	<b>\$11</b>	<b>\$9</b>	<b>\$83</b>

**Company Corporate Annual Rates:**

<b>Number of Employees</b>	<b>Rate</b>
From 1 to 10	\$225.00
From 11 to 49	\$450.00
From 50 to 99	\$850.00
From 100 to 249	\$1,400.00
From 250 or more	\$2,500.00

**For further details contact Richard Synnott at 802-296-2850 X 103 or email [rsynnott@uvacswim.org](mailto:rsynnott@uvacswim.org)**